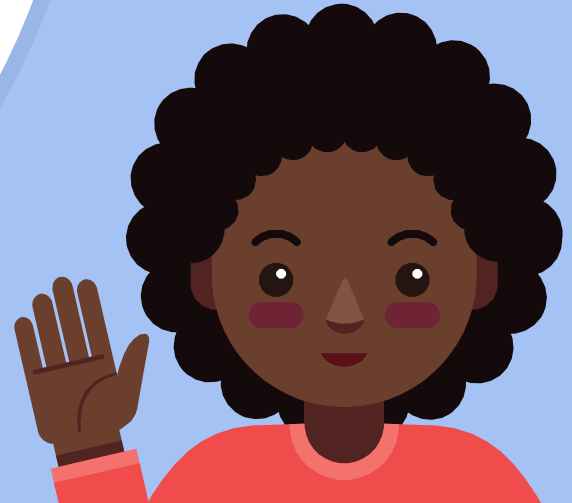


SUS MANOS



Virtual Mission Trip 2020

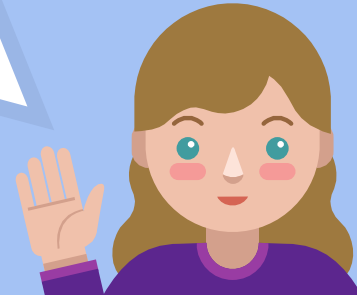
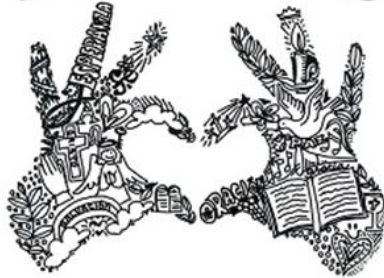


Sus Manos Mission Statement

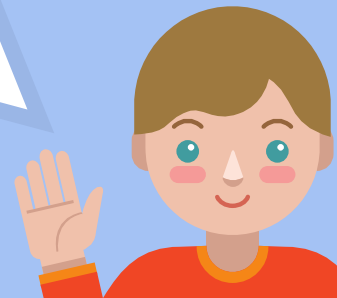
“Sus Manos” means “His Hands” and we seek to be the hands of Jesus in the Spanish-speaking community at home and abroad.

This year seven students from Portland Adventist Academy (and one mom!) joined Profe Rita and her husband Mike to be Sus Manos 2020.

SUS MANOS



We were supposed to go to Guatemala.



We were so excited to meet the children at the International Children's Care home "Los Pinos." We had goals for our time there.

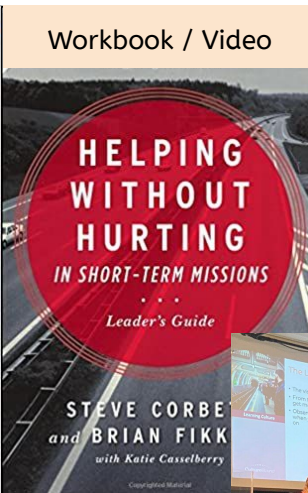
- × Learn from the children and staff
- × Fellowship with our brothers & sisters
- × Encourage them by our presence
- × Engage long-term in God's mission



We prepared for months and months.



Retreat weekend



Workbook / Video



Tyranny of the Urgent

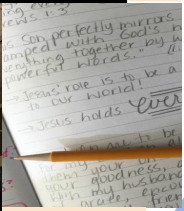
Unit 3: They Are Not Helpless



Spanish immersion Sabbath



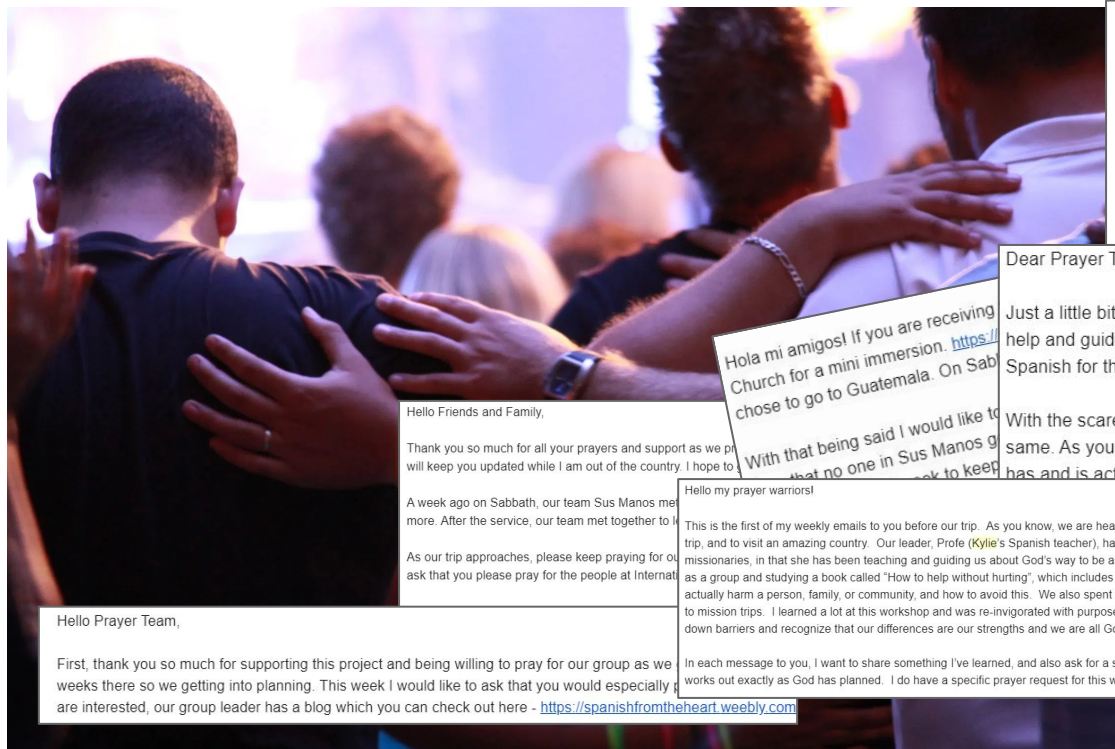
CAST culture training



Daily quiet time



We each recruited a Prayer Team that would pray for us and the Los Pinos family.



Hi friends and family,

We met with our Sus Manos team yesterday and I gave them the assignment. They have been praying already, perhaps a lot, perhaps at random times. Now we can understand exactly how praying for one another works, when our Father knows it also is a powerful way to unite ourselves together with each other and you, as well as to our team.

Our Sus Manos team this year is a group of one mom and me. I will be sharing about our decision to go to Guatemala. <https://spanishfromtheheart.com>

Dear Prayer Team,

Just a little bit over a week until we depart! I am praying for help and guidance as the departure date approaches. We are on the way to Spanish for the Guatemalan kids) and prep for VBS in the airport.

With the scare of the Coronavirus, it is still up in the air. As you continue to pray each and every day, we have and is active in our preparation and your continued support.

Hello Friends and Family,

Thank you so much for all your prayers and support as we prepare. I will keep you updated while I am out of the country. I hope to see you all when I return.

A week ago on Sabbath, our team Sus Manos met together to plan.

As our trip approaches, please keep praying for our group. We ask that you please pray for the people at Internat

Hola mi amigos! If you are receiving a message from the Church for a mini immersion. <https://spanishfromtheheart.com> chose to go to Guatemala. On Sabbath we will be in Guatemala.

With that being said I would like to thank you for your support. We are excited to go to Guatemala and to see you all when we return.

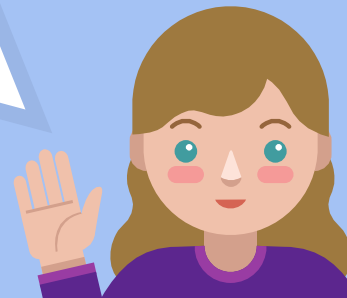
Hello my prayer warriors!

This is the first of my weekly emails to you before our trip. As you know, we are headed to Guatemala on Monday, and to visit an amazing country. Our leader, Profe (Kylie's Spanish teacher), has really made this mission trip, in that she has been teaching and guiding us about God's way to be a missionary and how to be a group and studying a book called "How to help without hurting", which includes videos, discussions, and actually harm a person, family, or community, and how to avoid this. We also spent a weekend at a mission to learn a lot at this workshop and was re-invigorated with purpose, and a desire to fellow down barriers and recognize that our differences are our strengths and we are all God's children. Something

In each message to you, I want to share something I've learned, and also ask for a specific prayer request. We work out exactly as God has planned. I do have a specific prayer request for this week however...

Hello Prayer Team,

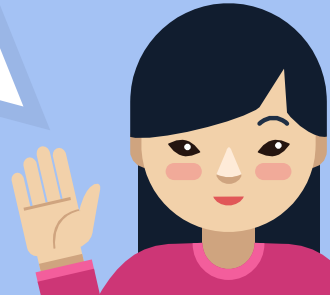
First, thank you so much for supporting this project and being willing to pray for our group as we prepare. We are excited to go to Guatemala and to see you all when we return. We are interested, our group leader has a blog which you can check out here - <https://spanishfromtheheart.weebly.com>



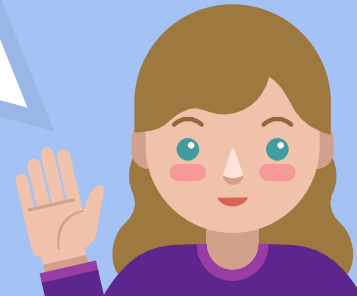
We knew God was preparing us for His work.

“For we are God’s
workmanship, created in
Christ Jesus to do good
works, which God prepared
in advance as our way of
life.

Ephesians 2:10



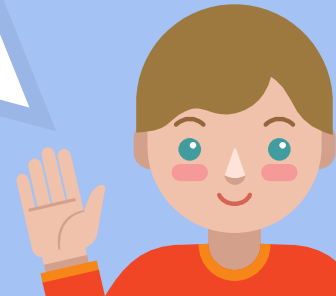
And then there was a pandemic!



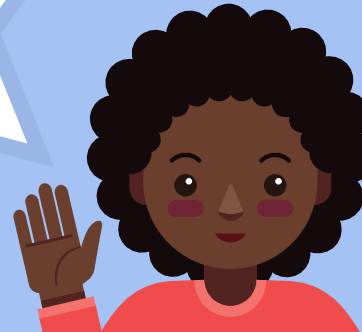
Guatemala closed its borders!



We were to fly out on Thursday, March 19 and Guatemala announced the border closure on March 16.



Our long-awaited trip was now impossible.
And we we so sad.



But Ephesians 2:10 was still true!

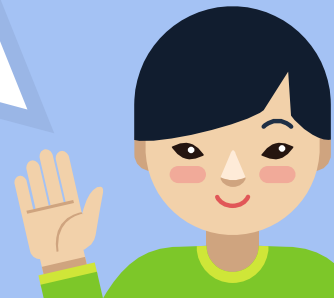


God was not taken by surprise. He had prepared us for this.



We could still meet our goals!

- × Learn
- × Fellowship
- × Encourage
- × Engage long-term in God's mission





We couldn't go to
Guatemala, but we still
cared about the children.

We discussed ways to
encourage our local
community and the
children of Los Pinos.

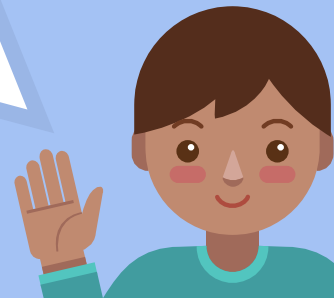


We told ICC to use the \$3700 we had paid for project supplies and meals for whatever they needed.

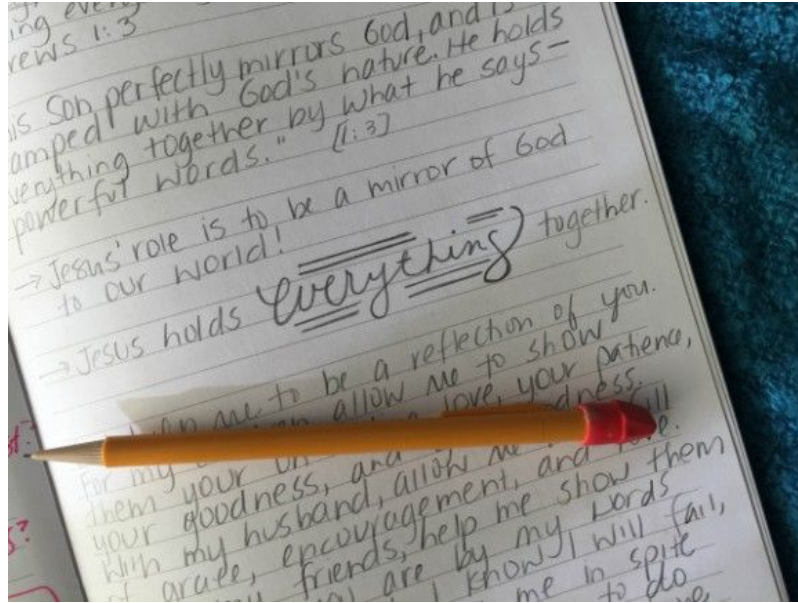
Dear Sus Manos,

It is amazing that you are willing to leave the money from the mission group to be used where it is needed most. It is greatly appreciated. We will keep it in reserve for them to use for food and possible medical needs etc. as they might come up during this crisis. We don't know yet how this virus will affect our projects or our ability to raise funds. We have to put it in the Lord's hand to take care of the children through our donations or by some other means.

Sharon Fleck, ICC



Every morning we had our individual “quiet time” of reading God’s word and praying.





For ten days, we met via Zoom each morning to share what we had learned during our morning quiet time with God.

It was great to see and chat with each other after all the isolation imposed by the Stay Home order.



Profe wrote daily suggested missions, with something to read, a video to watch and something to do.

Day 4 Sus Manos Virtual Mission Trip ➤ Sus Manos ✕

Day 5 Sus Manos Virtual Mission Trip ➤ Sus Manos ✕

Day 6 Sus Manos Virtual Mission Trip (but no Zoom) ➤ Sus Manos ✕

Day 7 Sus Manos Virtual Mission Trip ➤ Sus Manos ✕

Day 8 Sus Manos Virtual Mission Trip ➤ Sus Manos ✕

Day 9 Sus Manos Virtual Mission Trip ➤ Sus Manos ✕

Day 10 Sus Manos Virtual Mission Trip ➤ Sus Manos ✕

Rita Barrett via renewweb.com
to me

Wed, Apr 1, 10:12 AM (2 days ago) ☆ ↶ ⋮

Buenos días Sus Manos,

My prayer is that you have been strengthened in your relationship with Jesus and feel more prepared to do your Ephesians 2:10 each day, because of your participation in Sus Manos. Your friends and classmates are going to need support over the coming weeks and I am praying that Sus Manos will be one way God gives that help.

Here is how our Virtual Mission Trip will wrap up:

Today

Zoom at 11:00 to share from our quiet time journals--(No falset! (Don't miss it!))

We are finishing our workbook after today's Zoom chat, so please dust it off and do the last chapter. We will skip Units 6 and 7, since they are not applicable to our VMT. I recognize that it has been a challenge to stay engaged, since we are not all together, but please know I appreciate your efforts and hope you can finish strong today.

The Mission for today (**Complete the workbook assignments before our Zoom chat Thursday**)

1. **Read:** [Helping Without Hurting in Short-term Missions](#) workbook, p. 91-100
2. **Watch:** [Helping Without Hurting in Short-term Missions Unit 8](#) (also QR code in book)
3. **Do:** Complete the workbook pages 91-100
4. **Continue:** pray daily for your kids and for your Sus Manos teammates; ask God to show you your Ephesians 2:10 today
5. **Make up work:** If you have missed reading any of the daily mission emails, check them out!

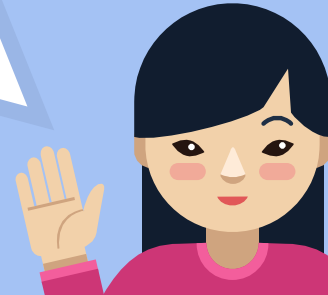
Tomorrow

Zoom at 11:00--We decided not to ask ICC to visit with us, but we hope we can tour their Vancouver office with you someday when life returns to normal. I would still like you to **share what you have learned about what ICC is doing and why you think that is important**, as a word of encouragement to ICC. I plan to record just that piece of our Zoom chat.

Wear your Sus Manos t-shirts for Thursday's Zoom chat for a photo op.

We will not have a Mission assignment for Thursday, but there will be a **Google Form** for you to reflect on your whole Sus Manos experience.

¡Nos vemos en el Zoom! Qué Dios me los bendiga.



We divided up the names and prayed for our Los Pinos kids each day.



We wrote 78 letters to the children and house parents of Los Pinos and sent some fun activities.

ICC sent our letters to Guatemala.

Dear Sus Manos,

This is all so thoughtful and caring for the children and staff in Guatemala. I will send them all today by dropbox along with a letter to them. We send our prayers together with them. I will let you know as soon as possible the results and responses. I like the photos attached. It makes it more personal with our isolated situations. I think it would be very meaningful that they know directly from others that they are thinking of them and praying for them.

Blessings,

Sharon Fleck, ICC



Our letters encouraged the Los Pinos family.

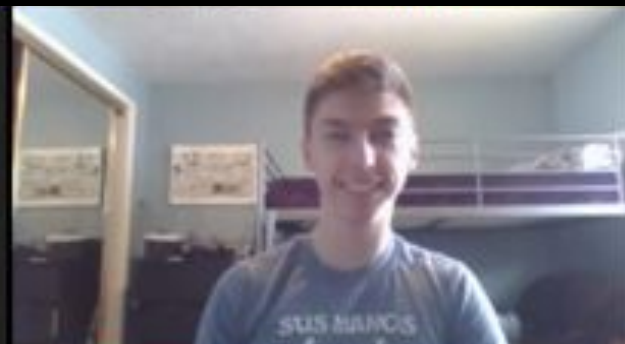
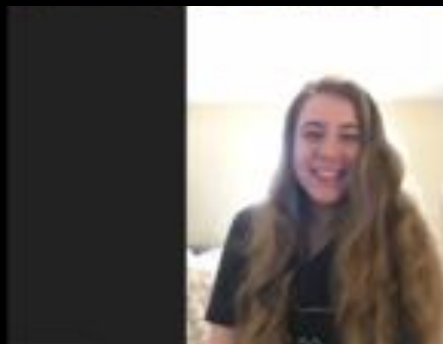
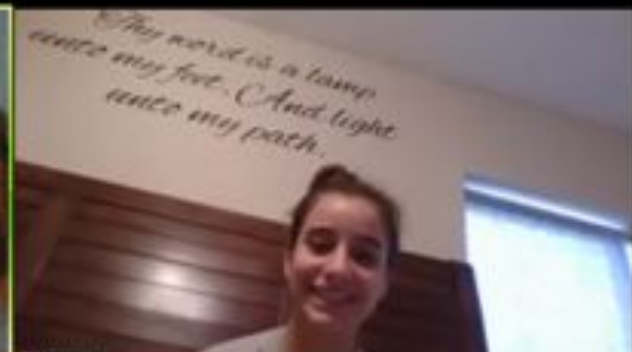
Dear Sharon,

[Reading and answering the letters] will be a beautiful activity for our families to do tomorrow that we can't meet in church!. Right now I'm printing the letters to deliver them in each house. Our children will feel so special. Much love to Rita and her group. This is so beautiful!

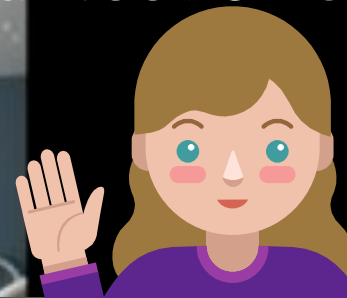
Damaris

Los Pinos





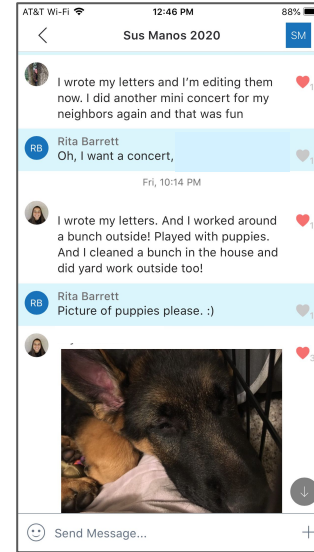
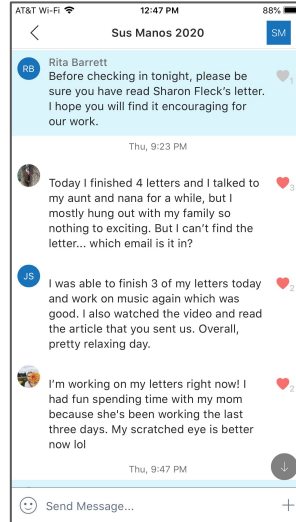
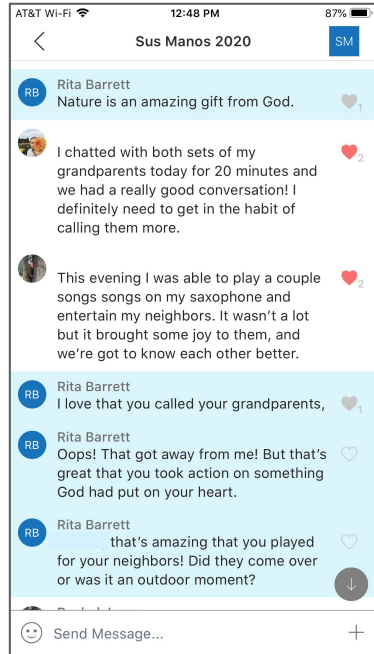
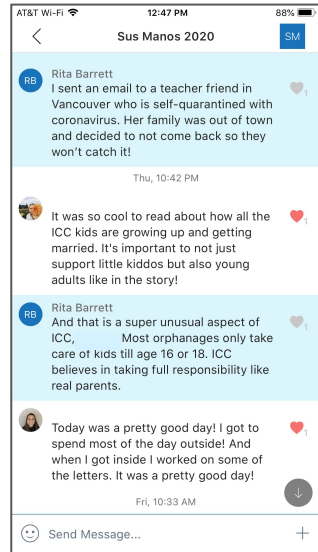
We chatted with
Huridis, who grew up in
an ICC home



Huridis now lives in Oregon and works as a translator in the public school system, while he studies a Master of Divinity online through Andrews University.



During the day we looked for ways to encourage others, especially the elderly and medical workers. In the evening, students were invited to share via Group Me how they had been “Sus Manos” that day.



Our workbook gave us ideas for long-term engagement:

Pray

faithfully for the people of Los Pinos and for our community.

Advocate

for orphans, for the most vulnerable. Stay connected through receiving the ICC newsletter.

Financially support

International Children's Care through sponsorship or donations

Support effective ministry

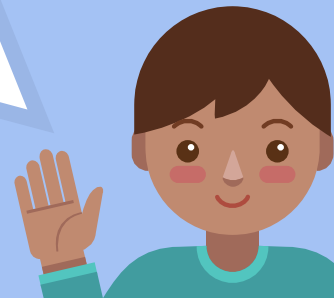
in our own communities.

Support the leadership

of our home churches and of PAA.

Be a loving voice

in our church and in our school for effective ministry to the poor and vulnerable in our community and in the world.



In our last meeting, we talked about how to engage in God's mission in the long term.

"I will keep
praying for my
kids."

"I will write to
my sponsored
child."

"We can recruit
more sponsors
for ICC kids."

You can be "sus manos" too!

Visit <https://forhiskids.org/> to sponsor a child!



Even though we didn't have a mission TRIP,
God still gave us a MISSION to be...

SUS MANOS

